# **Davis Police Department**

# Arrest and Control PSP Safety Guidelines

## **General Safety Policy issues**

Students will wear lose fitting clothing.

Pads and floor mats will be provided when appropriate.

All students shall notify instructor staff of any existing injuries before training begins.

#### Course Specific Safety Policy issues

Students will be required to warm up and stretch.

Punching exercises will include the use of gloves.

Physical arrest and control exercises, ground fighting and other scenarios that require physical contact shall include the use of red man or fist suits for instructors and appropriate pads for the students.

Students will be given the opportunity to "cool down" after strenuous exercise.

#### Instructor-to-Student Ratio(s)

Lecture - 1 Instructor for the entire class

**Lecture Skills and Activities** - Generally 1 instructor per 6 student ratio, 1 to 1 ratio during demonstrations

#### Specific Notification Protocol in the Event of an Injury

**Student responsibility** – Students shall immediately notify on site instructor of any unsafe condition or injury to student

**Instructor responsibility** - In the event of an injury or illness, Firearms staff shall evaluate the need for EMS and/or treat any injuries and address any illnesses by sending the employee home from the range. All injuries shall be reported to workers comp.

### Specific Protocol for Action in the Event of an Injury or Illness

<u>Students</u> - In the event of an injury, any student who is able shall call for a cease fire and notify Firearms Staff. All students shall immediately unload their rifles and make them safe. All students shall then wait for directions from Firearms Staff.

<u>Instructors</u>- Firearms Instructors shall evaluate the injury or illness and determine whether there is a need for EMS. All injuries shall be reported to State Workers Comp.

Serious Injury – Firearms Staff shall begin immediate first aid; call for EMS (Davis PD dispatch/Yolo County Communications);

Moderate/light injury- Firearms Staff shall transport injured student to hospital if necessary (Sutter Davis Hospital) or treat injury with range first aid kit

Illness – Firearms Staff shall evaluate Illness and either send student home from range or transport student to hospital if necessary (Sutter Davis Hospital)